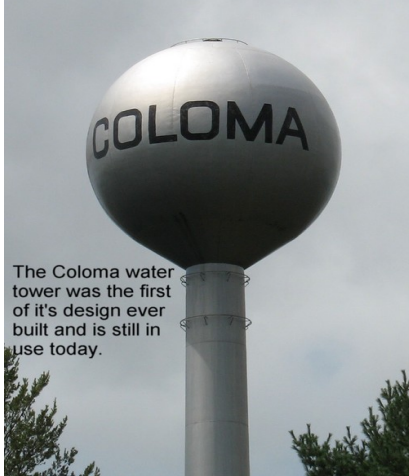


Coloma 45 minute Rendezvous Tours \$6/person

Coloma offers a number of specialty activities designed for visitors who want to learn something new and have a little fun! Reservations must be made ahead of time and sessions are subject to availability of the teacher. We will do our best to accommodate your group. We usually require a 4 person minimum. Call 715-228-2401 or appssm@hotmail.com



The Coloma water tower was the first of its design ever built and is still in use today.

Animal Towel Folding at the Coloma Hotel

Turn a couple of towels into cute animals. Make your family feel as if they are on a cruise. Class is offered in the hotel living room over a glass of beer or wine.

Furniture Stressing at Bluebird Antiques & Gifts

Does your furniture need some change-up? Learn to "stress" furniture with a little bit of paint and some creativity. Class is inside Bluebird Antiques.

Ice Cream Tasting at Bluebird Antiques & Gifts

Taste every ice cream in the freezer, and get a full cone of your favorite!

Fermented pickles/vegetables

With Fermentista Annie Krupnow.. Learn about the benefits of traditional lacto fermented vegetables (think sauerkraut, kim chi, pickles). Began 4000 years ago in India. Make a jar of fermented vegetables to take home with you. Bring a pint canning jar with lid and band or purchase one on site.

Call 715-228-2622 to make reservations for any of the classes or for more information.

Sessions are great for a short stop for bus trips. Or, schedule a couple in one day on a day trip.

Coloma History at the Coloma Hotel

Watch the Coloma History video in the comfort of the Coloma Hotel living room with a glass of beer or wine. Coloma was originally located 4 miles west of its current location. Test your knowledge with Coloma Bingo game at the end.

Beer Tasting at the Bread Bar

Beer tasting on the deck with "schnibbles" of bread. Hear and taste some great craft beer, try some of Klaus's famous bread. Beer and wine is available for purchase after the sessions at a location close.

5 min Neck & Shoulder Massage

Enjoy a 5-minute shoulder massage at any location in town. Have chair will travel. *Longer massages available for an extra charge. (\$75/hr.)*

Medicinal Herb/Weed Walk

Ever wonder about wild plants growing all around us? Explore some local plants for food or medicine. My location or yours. Annie Krupnow.

Making Herbal Remedies

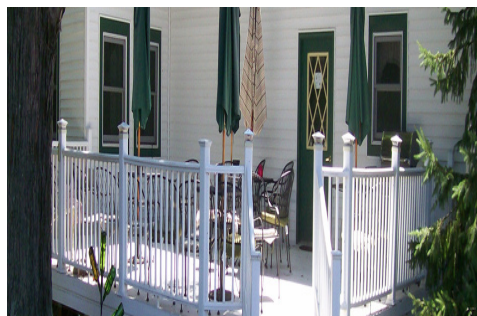
Learn how to make the basic types of herbal remedies. Infusions, decoctions, tinctures and herbal salves. \$6 Demo. ** Annie Krupnow.

Glass Sculpture at Coloma Resale

Watch and learn to make yard sculptures from old glassware. **

**** Make and take's are also offered for longer time period and extra charge.**

Bus Trip? Sessions can be combined. All locations are close!



Travel Back in Time at the Spalding Store Museum

Visit the Coloma Area's Historical Society's museum and carriage house located in the park. The docent will show you the old general store and take you back in history to the old kitchen, barbershop, school, and more. A demonstration featuring one: weaving, butter making, ice cream making, quilting, spinning, or woodworking will be done.

Flower Arranging at Coloma Resale

Flower Arranging. Hear the do's and don'ts of flower arranging, Watch as an arrangement comes to life. Vases and flowers available for purchase if you want to try it out. *

Yoga Classes with Annie Krupnow

Yoga Classes available for all levels including beginners. Choose from chair yoga, asana flow, yin yoga. Class tailored to participants. Learn yogic breathing, mindfulness meditation and relaxation techniques. Chocolate meditation perhaps? Your location or mine.

Make your own Yogurt

With Fermentista Annie Krupnow Improve your health and save money. Make healthy and delicious yogurt on your counter top. No heat required. Includes one yogurt culture to take with you. Bring an 8 oz canning jar with band and lid or purchase one on site.